## UAB RETIREE ASSOCIATION NEWSLETTER SUMMER, 2006

----PRESIDENT'S MESSAGE

Dear UAB Retirees,

Be sure to read important messages from Jack Bradford and Bill Moates in this newsletter concerning our benefits. While working at UAB our benefits were guaranteed.

After we retire our benefits can be changed by the Legislature. That's why we must all work together to protect our benefits. This shows the Legislators and the Governor that we are united when they try to change our retirement benefits.

Two health-related events for UABRA members and spouses, sponsored by the Jefferson County Health Department, are scheduled as follows:

Monday, Sept. 18, 1:00 to 3 p.m. - This HealthWise health screening program, will be held at the Homewood Library. This very thorough health check-up is free for retirees who are covered by PEEHIP, BC/BS-Group#14000, HealthSpring, Viva and Southland Supplemental Insurance. Please bring your insurance card to verify your coverage. A free "take home" colorectal cancer screening test will be given to persons who are at high risk (age 50 or over and/or have a family history of colon cancer.

Thursday, Oct. 5, 1:00 to 3:00 p.m. - Free flu shots will be given To UABRA retirees and spouses at the Homewood Library. Please MAKE YOUR RESERVATION by calling 205-930-1817 so they will know how many shots to bring.

HOMEWOOD LIBRARY - 1712 Oxmoor Rd in Homewood Free parking in the rear of the library near accessible elevator.



COMMENTARY from Past President Jack Bradford...

Newly elected members of the Alabama State Legislature meet in March 2007 and must appropriate the most recent 7% COLA announced last year for state education retirees. Another hard reality about our COLAs is that each and every COLA ever granted by the State of Alabama must be re-appropriated each and every year by the State Legislature! This means that the State Legislature has the power to not appropriate funding for every COLA since this cost of living benefit program began in 1969. I urge you to do some homework before voting this Fall. You can find out how Legislators voted on HB294 in the 2006 Regular Session by going to this website:

http://alisbd.legislature.state.al.us/acas/alisonstart.asp
Click "visit Alison". Click "Regular Session 2006".
Click "Bills". Click "Status". Enter HB294. Click "Get Status".
Click the box "HB294". Click "History" above the bill.
The entire history of the bill should come up on your screen.
Read each line and click on the "ROLL" you want to view.
That's where you'll see how your Representative voted.
(It takes a while to load - be patient).
If you need help or don't have a computer, visit your local library.
REMEMBER...ONLY VOTE FOR FRIENDS OF EDUCATION!

AERA Legislative Committee Report from Vice-President Bill Moates...
AERA will center its lobbying efforts on three Legislative Action Issues during the 2007 session iof the Alabama Legislature. They are:
(1) Continued opposition to the diversion or misuse of Education Trust Fund monies; (2) Continued work to keep PEEHIP premiums from rising and to protect allowances given to covered persons; and (3) Recommend actions to contain the cost of PEEHIP to protect The long-term viability of our health insurance program.

If the UABRA Board of Directors decides at its September meeting that additional issues should be considered, they will be submitted to the AERA Board and Legislative Committee for discussion at its November meeting.

We must continue to be vigilant in our collective, cooperative lobbying efforts to protect the Educational Trust Fund from diversion tactics. It funds our retirement, health insurance and COLAs we occasionally receive. Let's be dedicated to our work in 2007!

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Introducing the UABRA Officers and Board

President: Alan Dimick Vice-President: Bill Moates

Recording Secretary: Sandra Dillon

Corresponding Secretary: Cecil Nepomuceno Membership Secretary: Theresa Habshey

Treasurer: Marilyn Doss

	Board	of Dir	ectors:	
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3-year term ending May 2009	2-year term ending May 2008	1-year term ending May 2007	
Rebecca Bradley	Sandra Dillon	Jack Bradford	
Kay Moore	Marilyn Doss	Theresa Habshey John Gillespie	
Garvin Phillips	Cecil Nepomuceno John Byrd	Bill Moates	
Erma Wesley Alan Dimick	Denny Bearce	Joan Padalino	

WOULD YOU LIKE TO EARN SOME MONEY WHILE HELPING UAB MEDICAL STUDENTS DEVELOP THEIR DIAGNOSTIC SKILLS?

Chris Lorish of the Medical Education Department in the UAB School of Medicine recruits lay persons to act as "simulated patients" for medical student clinics at UAB. The program provides practice and testing of the medical students' skills. Persons who participate are paid \$10 per hour. The clinics are conducted monthly and last from three to seven hours and occasionally longer. Meals are provided during the longer periods. Orientation and training are provided for persons interested in this work. For more information, call Chris Lorish at 934-5118.

<sup>\*\*\*\*\*\*</sup> CLIP OUT CALENDAR OF COMING EVENTS \*\*\*\*\*\*\*\*

<sup>- (</sup>Date) AERA District IV meeting. Cahaba Pumping Station Museum 9 a.m. registration 10 a.m. meeting 4011 Sicard Hollow Road

<sup>-</sup> Sept. 18 - Health Screening. Homewood Library. 1-3 p.m.

<sup>-</sup> Oct. 5 - Free Flu Shots. Homewood Library. 1-3 p.m.

(REMINDERS: Bring insurance card for Free health screening.

Make flu shot reservation by calling 205-930-1817.)