

# UAB Retirees Association

September 2014

Dear UAB Retirees,

You are welcome to join other UAB Retirees in attending our October University of Alabama at Birmingham Retirees Association's (UABRA) general meetings. The first will be a Health Fair on **Tuesday Oct. 14, at the Homewood Library Auditorium. Free flu shots and wellness screenings will be available from 9 a.m. - 1 p.m.** The second will be a presentation and open discussion on **Thursday Oct. 23** with Janice Charlesworth, Executive Director of the Alabama Education Retirees Association. This meeting will be held at **Our Lady of Sorrows Church Family Life Center, 1728 Oxmoor Road in Homewood, beginning at 10 a.m.**

When you attend these meetings, you are invited to join or rejoin the UABRA. Our members are folks who have retired from every position at UAB, including the hospitals, clinics, central services and all schools. They join to learn more about retirement benefits, to learn about new UAB programs and services, to be part of social events for renewing friendships and memories of good times, and for many other reasons. The more UABRA members there are, the more programs there can be. Of course, our major reason is to have an impact on the Alabama Legislature's use of the Education Trust Fund.

The more members we have in our organization, the greater impact we will have on issues that arise. UABRA's annual dues are a small investment for the benefits you receive. Please fill out the form provided and mail it with your check to our treasurer.

Please plan to meet with us on October 14 and 23; UABRA exists to benefit all UAB retirees! Come and see how it can benefit you!

Sincerely,



Dr. Steve Smith, President

## *How can UABRA membership benefit you?*

- *It helps keep you in touch with your retired UAB friends/co-workers.*
- *It helps keep you up to date with your (mutual) retirement interests.*
- *Via AERA membership, it lobbies for your Health Care and COLA benefits.*
- *It provides easy access to vaccinations and Health Fitness Screening.*
- *It gives you a voice and a formal way to express your views.*
- *It provides informative general meetings on topics you help choose.*

*Join within the first month of retirement and first year membership is free!  
Visit [UABRA.org](http://UABRA.org) website to get more information.*

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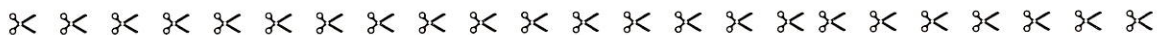
*UABRA is an independent, self-governing membership organization. The primary purpose is to serve and promote the interests and welfare of persons retired from the faculty and staff of the University of Alabama at Birmingham (UAB), and secondarily to support the institutional goals of UAB.*

Membership in UABRA is open to all staff and faculty retired from UAB or UAB Hospital. Spouses, widows, or widowers of retirees are also eligible for membership.

Join us for fun, fellowship, and excellent programs at our spring and fall seminars and our annual meeting in May. Special social events are announced during the year. For information, see our website: **UABRA.org**.

## UABRA Schedule of Events October 2014 - May 2015

October 14 Tuesday	9 a.m. - 1pm ~ Homewood Library Auditorium FREE Flu Shots and Wellness Screenings
October 23 Thursday	10 a.m. ~ Our Lady of Sorrows Church Family Life Center Janice J. Charlesworth, AERA Executive Director
February 3 Tuesday	TBA ~ Abroms-Engel Institute for Visual Arts Visit/tour to include a presentation and open discussion
March 17 Tuesday	1:30 p.m. ~ Homewood Library Auditorium ■ Health Services Foundation Representative ~ "Navigating UAB Health Services" ■ Erica Thomas, PEEHIP Representative ~ "PEEHIP Health Insurance Updates"
May 12 Tuesday	1:30 p.m. ~ Homewood Library Auditorium Annual Business Meeting followed by Guest Speaker from UAB ~ presentation of new research and academic offerings



To join, please detach this form and mail it along with a check payable to UABRA to:

**UABRA P.O. Box 55682 Birmingham, AL 35255**

- New Member(s)                       Renewal                       Correction of member contact information
- \$15 annual dues for retiree and spouse
- \$10 annual dues for retiree or surviving spouse

Retiree Name: \_\_\_\_\_ Title: \_\_\_\_\_

Date of UAB Retirement: (month/year) \_\_\_\_\_ Department: \_\_\_\_\_

Spouse Name: \_\_\_\_\_ Title: \_\_\_\_\_

If spouse is UAB Retiree, Date retired and Department: \_\_\_\_\_

Email address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Mailing address: \_\_\_\_\_