

**2019 - 2020
Board of Directors
Installed following the
Annual Meeting on May 14, 2019**

Laura Atkinson
Joan Bergman
Clint Bruess
Suzie Cooper
Leroy Cowan
Anne Cusic
Michael Geerts
Nancy Cooper Golden
Tim Heaven
Pam Jacobs
David Jenkins
Harry Mahtani
Dellita Martin-Ogunsola
Michael Anne Markiewicz
Tom Talbot

**Visit the UABRA website
for scheduled events, history
timeline, and many
informative resources and links.**

UABretirees.org

The founding members of UABRA joined voices to ensure UAB retirement benefits remain strong. The current leaders have strived to continue that effort and more. Recent UABRA sponsored events have provided members with opportunities to rekindle friendships, get updates on health insurance, health care and mental health updates, as well as, learning of scientific advances from world class UAB scientists.

Past programming included hearing aid and hearing loss updates, UAB precision medicine, the aging eyes, cyber security, advances in cancer therapy, football helmet safety, and the human microbiome.

Once a year we mail an event schedule. The schedule is found on the reverse page and our website.

If we do not have your email, you will miss updates and invitations to UAB New Horizons meetings and Lunch and Learn events. We also use email to inform members of AERA and legislative issues that may be important to UAB Retirees.

**This newsletter is your renewal notice
for the 2020 membership year.
To renew or join, simply mail the enclosed
membership form and payment.**

We hope to see you at one of our events!

2020 UABRA Sponsored Events

UABRA Fall Event
Tuesday October 15, 2019
1pm until 3pm
Birmingham Botanical Gardens
Ireland Room

UAB Retirees Association will host
a Fall Social and Celebration
of UAB's 50 Year Anniversary.

Join us for a delightful slideshow to be presented by
UAB University Archivist Tim Pennycuff.
"UAB's Five Decades of Change –
Comparing 1969 and 2019"

Bring memorabilia to share with the group!

*Please help us support the UAB Blazer Kitchen by
bringing toiletries and shelf-stable food with you.*

Additional event opportunities and UAB New Horizons
invitations will be emailed.
Check our website for updates!
UABretirees.org

January 21 **Tuesday 1pm until 3pm**
Homewood Library Room 101
"Save our RSA"
Geoff Statum and David Harer
Light refreshments will be provided

February 4 **Tuesday 11:30am – 1:30pm**
Brookdale University Park
Gazebo Room
400 University Park Drive
(Off Lakeshore Drive across
from Samford University)
Speaker, James Weisberg, PhD, will discuss
the use of Cognitive Behavioral Therapy (CBT)
for pain management. Free lunch will be served.
Reservations required – UABretireesasso@gmail.com

March 10 **Tuesday 1pm until 3pm**
Birmingham Botanical Gardens
Ireland Room
Speaker: Daniel Givan, DMD, PhD
"Restoring your Teeth"
Light refreshments will be provided

May 5 **Tuesday 1pm until 3pm**
Homewood Library Auditorium
UABRA Annual Spring Meeting
Speaker: James McClintock, PhD.
UAB Polar and Marine Biology Endowed Professor
Light refreshments will be provided